

REDLINE

# Cooking without borders

Instructions

REDLINE

whatiam
cooking
today
.com

Sagenhofweg 7 6030 Ebikon Tel +41 41 442 01 55 Fax +41 41 442 01 56 info@foodkreator.ch

That is how it works: Cooking without borders Grill dish



1 ingredient (chicken skewer) 4 countries





Peking

(China)

That is how it works: Cooking without borders Sauce dish



Wok (China) 1 ingredient (Pasta) 4 countries







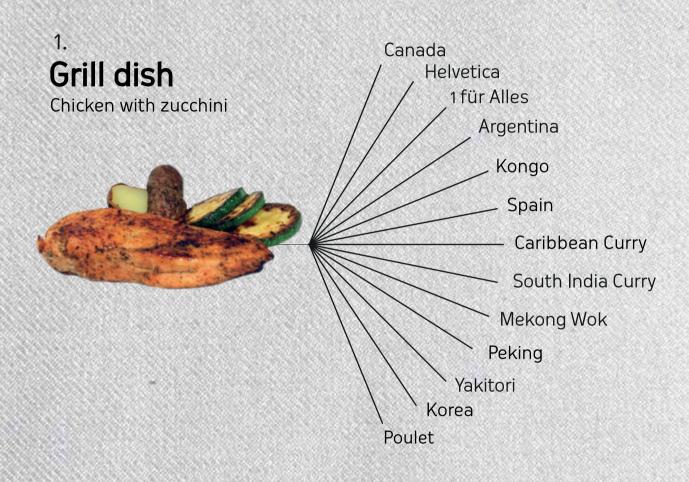
Pasta Verdura (Italy)

### Regional ingredients - global taste

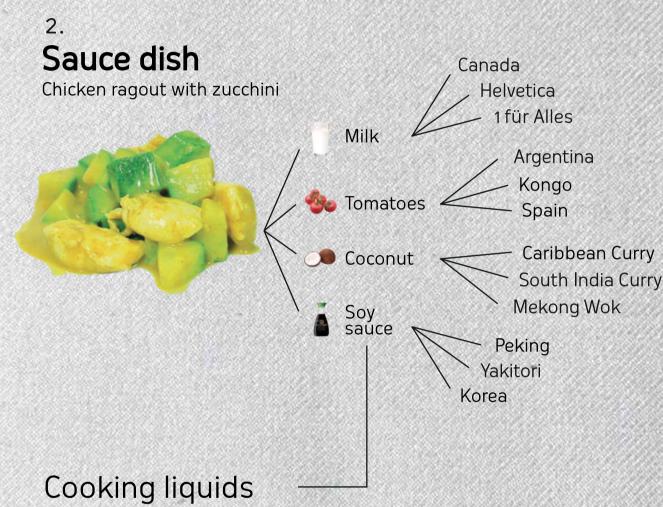
Where do you want to travel today? Are you up for a Cambodia wok and Asian cuisine? Start with some seasonal and regional ingrediants from your fridge. For example in spring you use some aspargus and chicken from Switzerland, cook it with some coconut milk and the right amount of our RedLine cambodia seasoning. In autumn you take some yellow boletus, figs and chicken from Switzerland, cook it with coconut milk and our RedLine cambodia seasoning. The same ingredients can be used for a whole different dish if you choose another cooking liquid (for example cream) and another matching RedLine seasoning. Your cuisine will turn into a culinary world tour and your traditional dishes might taste even better!



# Grill or sauce dish? Worldwide there are two different ways of food preparation



If you decide to grill some food products, the concept of the worldwide kitchen is simple: Simply grill or roast fish, meat or veggies. Example: Season or marinate a pork steak with the country specific spices (Redline) and serve the dish with baked potatoes. And remember: Anywhere and everywhere in this world people grill and roast their food, it does not matter what combination (for example aspargus and Canada) you choose, just try it out!



Worldwide there are 4 different cooking liquids and they can be used and mixed differently depending on the region. In Switzerland people use cream to cook. Italians use tomatoes to cook while in Switzerland we make a tomato soup out of tomatoes and cream. This is a first type of mixed kitchen.

#### Milk / cream Canada, Scandinavia,

Canada, Scandinavia, Switzerland, Russia

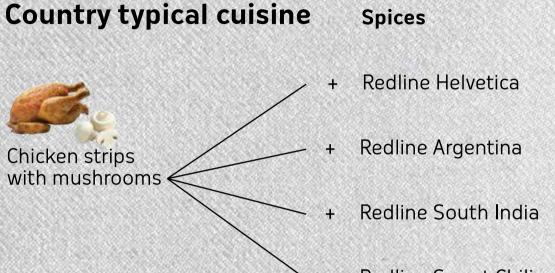
### Tomatoes Latin and African countries, South America, Spain

### Coconut Tropics, south east asia, Caribbean, Madagascar...





# Surprisingly convenient: Worldwide cooking made easy





Redline South Africa

#### Choose your cooking liquid after its geographical origin!

+ Milk/cream = **Zurich "Geschnetzeltes"** 

+ Tomatoes 🐁 = Argentinian Stew

+ Coconut milk = South Indian Curry

+ Soy sauce = Chinese Wok

#### Choose the cooking liquid you like! Try something new!

+ Milk/cream = Chicken strips with cream

+ Tomatoes = Chicken strips with tomatoes

+ Coconut milk = Chicken strips with coconut milk

+ Soy sauce = Chicken strips with soy sauce

# Surprisingly convenient: For all those who don't like meat that much



Did you know? You can turn any meat dish into a vegetarian dish. The goal is not to make vegetables taste like meat but you should treat vegetables like meat. We call this method Vegievolution. Like this you can cook for vegetarians as well as non-vegetarians at the same time without any additional effort. Also, you expand your cooking knowlegde. We found every matching vegetable for any meat for you. Wheter it is a "zurich geschnetzeltes", chicken, wok or beef filet, everything is possible!



#### This celery is also a pork steak!



celery steak



pork steak



kohlrabi tatar



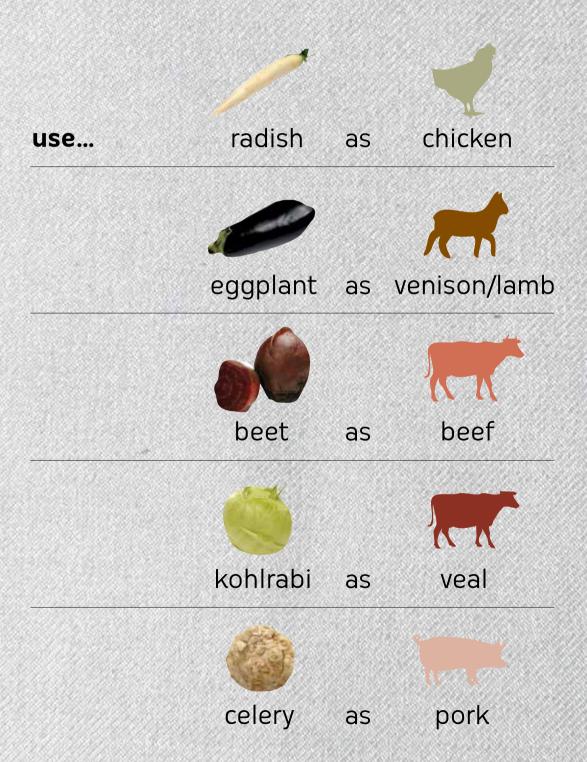
beef tatar



beet filet



beef filet



# Surprisingly convenient: Choose the right seasoning

### Example of use 1 **Kentucky Steak**

Proportion of spices/kg on the label Differs depending on the region

900g meat/vegetables

- + 80g water
- + 5g oil
- = **985g** total weight
- + 30g Kentucky BBQ ≥

#### Mix it in a bag!

Have you marinated your chicken with the spices and it still tastes dry and flavorless? You probably used oil instead of water to marinate your chicken. Meat contains a lot of water but oil and water don't mix. This is why you should always use water to marinate your meat to enjoy a tasty, tender and succulent meat.

Tip1: marinate 1kg of meat approximately 1 day Tip2: You can marinate and keep meat until its expiry date

- · Use our RedLine precision scale
- · Weight food and liquids
- · Add the spices as it says it on the label
- · Cook or grill it and enjoy!

#### What delights your guests?

5h for one meal or 5 meals in one hour? Pay attention to how much time you spend seasoning your food. 30-90% of the time we cook is used for seasoning. Correct seasoning is an art on its own, that's why we give you the know how. Use the specified amount of spices indicated on the label per kg food: You will cook more efficient and have more time to enjoy your meal. Try it!



#### The REDLINE precision scale:

Thanks to a highly sensitive weight recording from 0.1g, 3 storable weights and a programmable switch-off time, the RedLine scale makes it possible to cook precisely, time saving and simple. Available in the whatiamcookingtoday.com shop

### Example of use 2 **Swiss Mashed potatoes**

Proportion of spices/kg on the label Differs depending on the region

#### 500g potatoes

- + 3dl milk (300g)
- = **800g** total weight

#### + 8g Helvetica



#### Mix it in a bag!

Info: On the maldives they use the same spices for mashed potatoes as in Switzerland but they use coconut milk instead of normal milk.

Tip1: For a good flavor release always add

one drop of oil.

Tip2: Weight of liquids: 1dl = 100g

## Surprisingly convenient: Purchase and stock

#### Seasonal and regional

Humans all over the world have almost the same cooking techniques and staples. Wheter it is rice, corn, potatoes, meat, fish vegetables or fruit, fire, water, wok or frying pan, the only difference are the flavors and spices. Create 50 dishes out of potatoes, we show you how. For that make sure to have all the right staples in your pantry. Simply buy seasonal, fresh and regional ingredients.

#### Basic stock

We recommend the following food products for a worldwide cuisine: Oil, vinegar, salt, sugar, flour, cornflour, red wine, white wine, mayonnaise, ketchup, fish, meat, different rice varieties, different types of pasta and asia noodles, polenta, potatoes, onions, garlic, carrots, seasonal vegetables, eggs, butter, cheese, pickles, yeast, dried mushrooms, soy sauce, coconut milk, cream and tomato sugo. Spices for a typical suisse cuisine: RedLine Helvetica and 1 für Alles, Geflügel.



#### Cooking without borders

The basic ingredients are the same all over the world. Chicken does not smell like thailand because it grew up in thailand but because the preperation with coconut milk and curry is typical thai cuisine. Instead of looking for the country typical authenticity in the exotic ingredients, use spices and cooking liquids that represent the country's eating traditions even better.